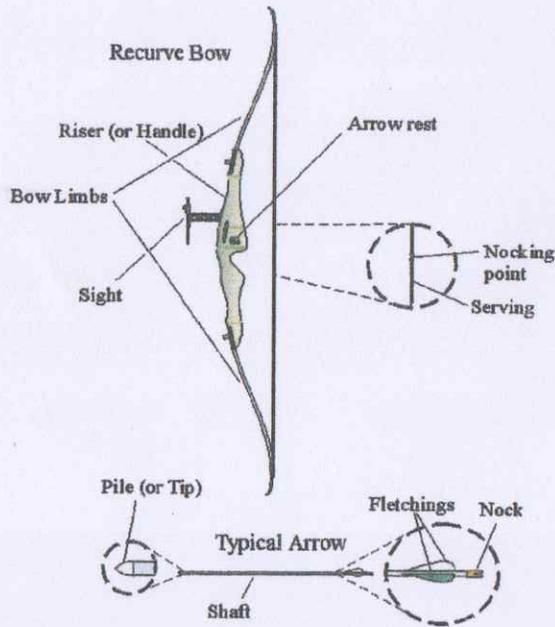


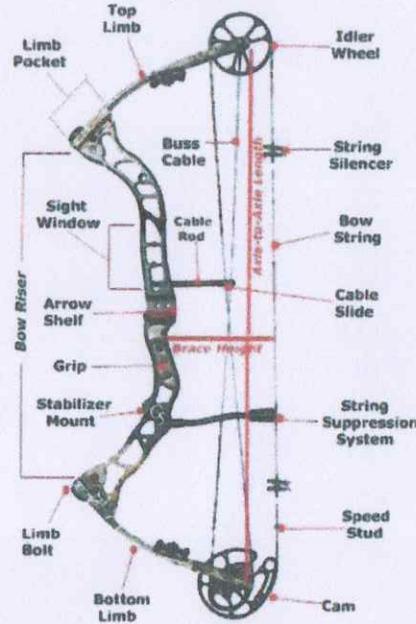
# Bow Types and Basic Archery Equipment



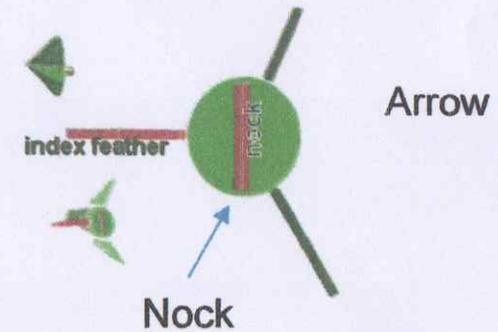
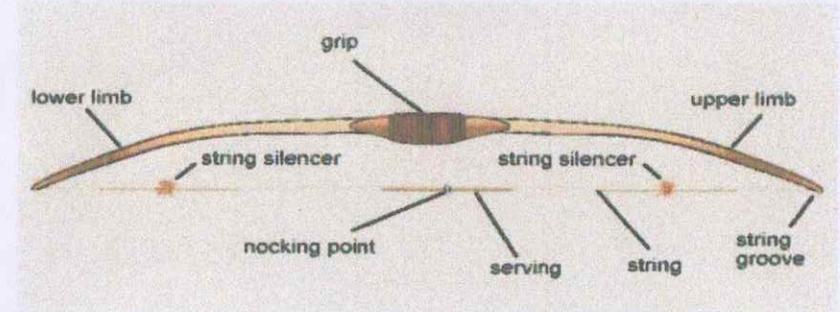
## Recurve Bow



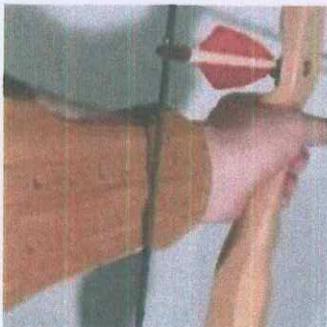
## Compound Bow



## Longbow



Remember the hand goes on a **HAND SUPPORT** and **NOT** a grip. This emphasises the  $45^\circ$  hand position which helps prevent the wrist being at the wrong angle thus putting the arm in the wrong and dangerous place.



Bracer - widest end nearest to elbow



Finger tab  
Various types



Finger Sling



Ground Quiver

Quiver fits on belt